
THE JOURNEY OF LIFE

There is no better a metaphor than that of life as a journey. We are perpetually moving forward through time as the world constantly changes around us, in ways we want, and, sometimes in ways we don't. We can plan it all out, but given that none of us know what is ahead, it is often better simply to let it all unfold and trust that we are taken in the direction we need to go and given the lessons that we need to learn. Being open to the challenges and changes that come our way can bring adventure and opportunity that we would never have planned.

Nothing in life is forever and the analogy of a journey perfectly depicts how we move through the stages of our life, dealing with the different factors or influences that we face as time passes by.

This series represents some of the factors we might find ourselves facing during our journey. The images are not intended to represent whether the factors are positive or negative, that is for you to decide, based upon your own mindset and perception.

We all experience the highs and lows of life, depending on the most influential factor at that moment in time. Some of the best lessons in life come from facing our fears and from dealing with the more challenging times. It's in those situations that we truly learn who we are, and how much inner strength we have.

If nothing else, I hope these images can act as a reminder that life evolves; we should appreciate the good times when we have them and know that the dark times are unlikely to last forever.

Most importantly, enjoy your own personal journey of life.

Word Count: 292 (including title)